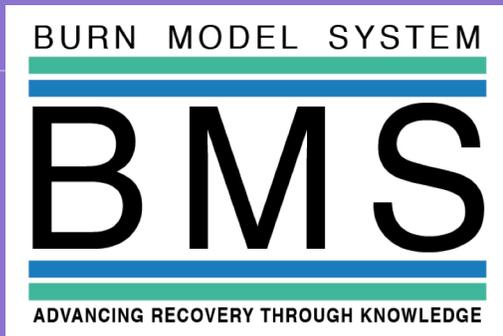


Northwest Regional Burn Model System

UW Medicine Regional Burn Center
at Harborview Medical Center

Seattle, Washington



Summer 2016

Newsletter

What's New?

July 17-23, 2016 **Camp Eyabsut is coming soon!**
Visit <http://campeyabsut.org/> for more information on this pediatric summer camp and registration/camper forms.

October 19-22, 2016 **Phoenix World Burn Congress 2016**, Visit www.phoenix-society.org/wbc/location-registration for more information and online registration.

Check us out on Facebook and Twitter
@NWRBMS



Needs assessment for future burn care research

What should be the focus of our future research efforts?

The UW Burn Center research team is asking just that question. To help us as we design future studies and apply for new research funding, we have a 'needs assessment' survey available.

To participate in this survey, you must be:

- 18 years or older
- A burn survivor
- Able to read English

If you answer YES to all of the above, please consider completing a brief, anonymous survey concerning the impact your burn injury has had on your recovery and ability to work or attend school. It will take approximately 10 minutes or less to complete and is ANONYMOUS.

While you will not directly benefit from this study, the information collected in the survey will assist us in understanding the recovery process and to identify future research needs.

If you would like to participate, a paper copy of the needs assessment is available from the burn/plastic surgery clinic receptionist (8Center at HMC), Monday through Friday between 8am and 4pm. Or, you can access the survey online at:

<https://catalyst.uw.edu/webq/survey/carrough/305169>

If you have any questions about this needs assessment and participation, please contact Gretchen Carrougher MN, RN at carrough@uw.edu or 206-744-2866.

NWRBMS Summer 2016 Newsletter

If you would like to receive a copy of our newsletter, email us at NWRBMS@uw.edu and request either an email or paper copy. Please include the appropriate email or postal address with your request.



A list of employment after burn injury video clips is available at:
<http://www.msktc.org/burn/videos>

UW Burn Center Research

The UW Burn Center at Harborview Medical Center first opened its doors in 1974. Since that time, research has been an important part of our mission with the goal of improving burn care here and around the world. At present we have many different research projects that are 'open' to new participant enrollment.

Individuals with a burn injury may participate in all types of projects – each with the intent of helping to improve the care provided to current and future patients. Some of our research projects include:

- RE-ENERGIZE – a study investigating the impact of glutamine supplementation in adult patients requiring skin grafting to heal their injury.
- The Burn Model System longitudinal study for pediatric and adult burn survivors – a long-term study of recovery focused on the impact of a burn injury on one's physical and emotional well-being. Pediatric and adult burn survivors and parents of young survivors are able to participate in this study which is the core of the NWRBMS research program.
- Use of propranolol – a study aimed at determining the efficacy (effectiveness) of propranolol (a medicine that affects the heart rate and circulation; a type of beta-blocker that may reduce inflammation for people with significant burn injuries).
- Use of hypnosis to control pain and itching
- Water-friendly Virtual Reality – this study aims to find additional methods to reduce the pain experienced during routine wound care. Virtual reality is a form of distraction and is used in addition to routine pain medications.
- Patient perspectives following laser therapy for burn scar management.

Every study has been approved by the University of Washington Human Subjects Division after being thoroughly reviewed. Each study has a primary investigator (PI) who is a member of the UW Burn Team – often one of our Attending Surgeons or Psychologist. And for each study there is a core group of research nurses and coordinators who are responsible for discussing research participation with patients -- photographed here are Gretchen, Sydney, Claudia, Shari, Andrea and Maryam.



If you are eligible for participation in a research project, a member of the research team will contact you and provide a full explanation of the study.

Visit our website at <http://burnrehab.washington.edu/>

Fireworks safety and
injury prevention



Only sober and competent adults should be handling and lighting fireworks.

Establish a 'hot zone' where only the adult lighting the fireworks is allowed.

Do not handle any fireworks that are burning, smoldering, or smoking.

Never launch fireworks towards any person or animal.

Summer 2016